A SIMPLE TOOL FOR RISK STRATIFICATION OF DRUG PROVOCATION TEST WITH NON-STEROIDAL ANTI-INFLAMMATORY DRUGS

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INTRODUCTION

Drug provocation test (DPT) is considered the gold standard for non-steroidal anti-inflammatory drug hypersensitivity (NSAIDs) diagnosis.

OBJECTIVE

To evaluate an instrument designed for risk stratification associated with DPT to NSAIDs.

METHODS

A four-question instrument contemplating criteria considered as risk factors for NSAIDs reactions was developed. A score was assigned to each answer. Based on the final score, the risk of a reaction during the DPT was classified from low to high.

The questionnaire was completed with data from medical records of patients undergoing DPT with NSAIDs from June 2016 to May 2019. The positivity was analyzed according to risk stratification.

Risk stratification for DPT with NSAIDs – questions and score/question

- 1) Is the history suggestive of hypersensitivity to NSAIDs? (Yes=0; No=-2)
- 2) Did the patient have anaphylaxis? (Yes=3; No=0)
- 3) Will DPT be performed with strong COX-1 inhibitor? (Yes=3; No=0)
- 4) Did the patient have more than one NSAID reaction? (Yes=2; No=0)



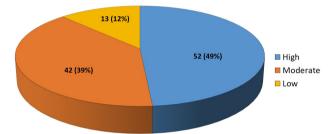


Figure 1: Risk classification of DPT (Drug Provocation Test) (n=107)

RESULTS

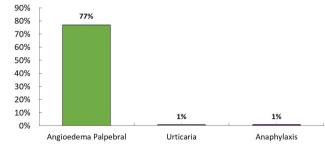


Figure 3: Main symptoms in positive tests (n=84)

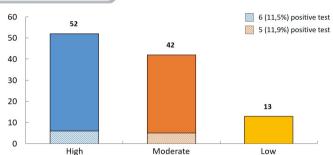


Figure 2: Positivity rate of the DPT (n=11)

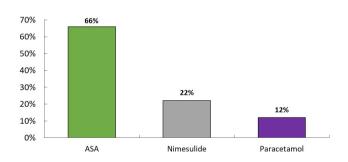


Figure 4. Drugs that triggered reaction (n=107)

CONCLUSION

Our questionnaire demonstrated to be a useful tool in predicting reactions for patients with low risk, but not for moderate/high risk. Adjustments in the questions and a prospective analysis are mandatory for future validation.

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