

# Atopic dermatitis biomarker analysis points to elevation of TSLP and IL-33 signaling and suggests a role for type 2 innate lymphoid cells

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## Introduction

- Atopic dermatitis (AD) is a chronic, inflammatory skin disease characterized by a disrupted epithelial barrier that predisposes skin to penetration by microbes and epicutaneous allergens<sup>1-3</sup>
  - Widespread, relapsing skin lesions occur in AD, yet nonlesional skin may also show signs of (less severe) inflammation<sup>4</sup>
- Epithelial-derived “danger signaling” cytokines called alarmins are released in damaged skin<sup>5,6</sup>
  - Alarmins act via receptors on dendritic cells, type 2 innate lymphoid cells (ILC2s), and mast cells (among other cell types) to induce a potent T helper type 2 (T<sub>H</sub>2)-driven response in a localized or systemic manner<sup>5-9</sup>
- Profiling alarmin-related genes and signatures in key physiological compartments may provide robust measures of alarmin activity and mechanistic insight into AD
- Thymic stromal lymphopoietin (TSLP) and interleukin (IL)-33 are 2 alarmin cytokines expressed near barrier surfaces, including skin and bronchial epithelium<sup>6,9,a</sup>
  - AD therapies that target IL-33 and TSLP pathways are in clinical development

<sup>a</sup>Poster reporting a highly sensitive assay to measure blood TSLP is presented at this congress (#091).

## Objective

In patients with AD, we adopted a cross-tissue approach to assess alarmin biology in skin, sampled by biopsies and noninvasive skin tape strips that measure epidermal immunopathology, and in blood

## Methods

### Study populations and sample collection

- Skin punch biopsies, epidermal skin tape strip samples, and whole blood were collected from patients with physician-diagnosed AD and healthy individuals without atopic disease
  - In patients with AD, biopsies and tape strip samples were collected from lesional and nonlesional sites 2 weeks after stopping topical corticosteroids
- AD severity status was determined by Rajka Langeland and Eczema Area and Severity Index (EASI) scores<sup>a</sup>

### Profiling genes, proteins, and immune cell signatures

- RNA was extracted from skin biopsy, whole blood, and skin tape strip samples and analyzed by RNA-seq (biopsy and blood) or qPCR (skin tape strips)
- Gene signatures of cells commonly associated with AD were measured,<sup>b</sup> including:
  - An alarmin-induced ILC2 signature (ILC2 cells were expanded from PBMCs and stimulated with IL-33/TSLP+IL-33 for 6 hours)<sup>c</sup>
  - A TSLP-induced dendritic cell signature (adapted from Ito et al)<sup>10</sup>
  - A non-induced mast cell signature (previously reported)<sup>11</sup>
- Genes/signatures were considered significantly altered if they were at least 1.5-fold different between groups, with a statistically significant *P*-value (ANOVA with post hoc comparisons between 3 groups; paired *t*-test<sup>d</sup> for lesional vs nonlesional samples)
- Blood protein levels were assessed using the SOMAscan multiplex proteomic method. Statistical significance was determined by *t*-test
- Protein extracts from skin tape strips<sup>e</sup> were analyzed by targeted multiplexed quantitation using liquid chromatography-mass spectrometry (LC-MS).<sup>12</sup> Statistical significance was determined by ANOVA (3 groups) and Mann-Whitney *U* test (2 groups)

PBMC, peripheral blood mononuclear cell; qPCR, quantitative polymerase chain reaction; <sup>a</sup>Mild to moderate AD, EASI score <21.0; severe to very severe AD, EASI score ≥21.0; <sup>b</sup>Gene signatures were obtained under in vitro conditions that did not specifically use skin cells; <sup>c</sup>Expanded under IL-2+IL-1β for 10 days; <sup>d</sup>Paired *t*-test with false discovery rate determined for multiple comparisons; <sup>e</sup>DermTech skin tape strips were used for qPCR, and CuDerm skin tape strips were used for peptide analysis.

## Results

### Demographics and clinical characteristics

- Demographics were similar between patients with AD and healthy individuals (Table 1)
- Total and specific serum immunoglobulin E levels were significantly higher in patients with AD compared with healthy individuals (*P*<0.05); however, blood eosinophils were not significantly different (Table 1)

**Table 1. Demographics and clinical characteristics of patients with AD and healthy individuals without atopic disease**

Characteristic	Patients with AD (n=43)	Healthy individuals without atopic disease (n=10)
Age, years <sup>a</sup>	35 [20–63]	41 [26–59]
Men, n (%)	22 (51)	4 (40)
Ethnicity, n (%)		
White	24 (56)	6 (60)
African American	7 (16)	1 (10)
Other	12 (28)	3 (30)
Mild-to-moderate AD, n (%)	26 (60)	–
Severe-to-very-severe AD, n (%)	17 (40)	–
Rajka Langeland eczema severity score <sup>b</sup>	8 [6–9]	–
EASI score <sup>a</sup>	16.8 [5.8–69.0]	–
Blood eosinophils, % <sup>a</sup>	2.9 [1.0–8.6]	1.2 [0.5–3.2]
Blood eosinophils, cells/μL <sup>a</sup>	200 [70–680]	100 [30–950]
Total IgE, kIU/L <sup>a</sup>	162 [2–20,976]	10 [2–67]
ImmunoCAP IgE, kU/L <sup>a</sup>	9.5 [0.1–906.0]	0.1 [0.1–4.2]
<i>Staphylococcus aureus</i> status <sup>b</sup>		
positive/negative, n		
Lesional skin	20/23	–
Nonlesional skin	14/29	–

AD, atopic dermatitis; EASI, Eczema Area and Severity Index; Ig, immunoglobulin; MRSA, methicillin-resistant *Staphylococcus aureus*.  
<sup>a</sup>Median (range); <sup>b</sup>*Staphylococcus aureus* was not detected in any healthy individuals. MRSA was detected using skin swabs in 3 lesional skin samples and in no nonlesional skin samples from patients with AD.

### Genes upregulated in lesional vs nonlesional skin biopsy samples from patients with AD

- CCL17*, *CCL18*, and *CCL22* T<sub>H</sub>2-attracting chemokines<sup>a</sup> were among the top 25 significantly upregulated genes in lesional skin (n=35) compared with nonlesional skin (n=35) in biopsies from patients with AD (Table 2)

<sup>a</sup>*CCL17* and *CCL22* expression is closely associated with dendritic cell response to TSLP activation.<sup>13</sup>

**Table 2. Top genes upregulated in AD lesional vs nonlesional skin biopsies**

Gene	AD lesional skin vs AD nonlesional skin (n=35) <sup>a</sup>	False discovery rate
<i>CCL17</i>	2.78	0.05
<i>CCL18</i>	2.62	0.04
<i>CCL22</i>	2.35	0.04

Other upregulated genes (in descending order of fold difference; range, 9.74–2.26): *SERPINB4*, *KRT6C*, *S100A8*, *S100A9*, *SPRR2A*, *KRT16*, *PI3*, *KRT6A*, *SERPINB3*, *S100A7*, *SPRR1A*, *IGFL1*, *MMP12*, *OASL*, *PRSS22*, *LTF*, *UGT1A7*, *SPRR2B*, *AKR1B10*, *PLA2G2A*, *SPRR1B*, *RGS1*.<sup>b</sup>

AD, atopic dermatitis; IL, interleukin; TPM, transcripts per million; TSLP, thymic stromal lymphopoietin.  
<sup>a</sup>Eight of 43 patients were excluded because matched lesional and nonlesional skin biopsy samples were not available; <sup>b</sup>False discovery rate, <0.05.

### Upregulated expression of genes/proteins in skin biopsy and blood samples from patients with AD

- CCL17*, *CCL18*, and *MMP12* were upregulated in skin biopsies (specifically in lesional skin) (n=35) and also in blood (n=43) from patients with AD compared with healthy individuals (n=10) (*P*<0.05) (Table 3)

**Table 3. Upregulated expression of genes/proteins in skin biopsy and blood samples from patients with AD vs healthy individuals**

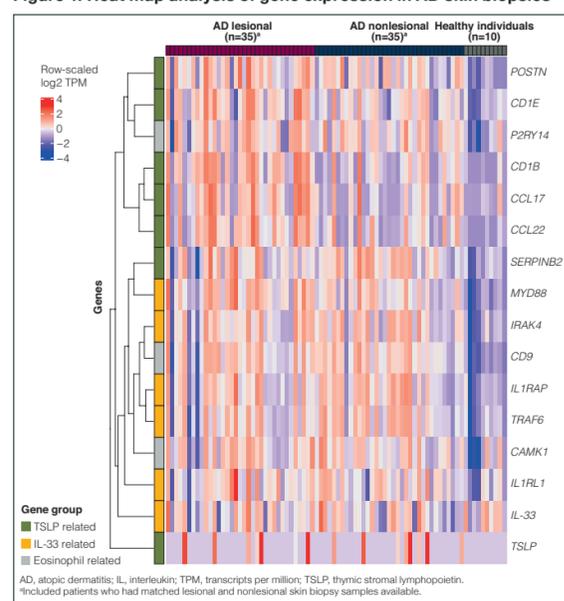
Gene/protein	Patients with AD vs healthy individuals <sup>a</sup>	
	Skin biopsy (lesional skin, n=35) <sup>b</sup>	Blood (n=43)
<i>CCL18</i>	25.81	1.54
<i>MMP12</i>	7.23	1.57
<i>CCL17</i>	5.18	1.56

AD, atopic dermatitis.  
<sup>a</sup>N values are for patients with AD; healthy individuals (n=10); <sup>b</sup>Included patients who had matched lesional and nonlesional skin biopsy samples available.

### Alarmin-related gene expression in skin biopsies from patients with AD

- Genes known to be induced downstream of alarmins were upregulated in patients with AD (n=35) vs healthy individuals (n=10) (Figure 1)
  - Some TSLP-related genes (including *CCL17*, *CCL22*, *CD1B*) had higher expression levels in lesional vs nonlesional skin
  - IL-33- and eosinophil-inducible genes were upregulated to a similar extent in all AD skin, inclusive of lesional and nonlesional skin

**Figure 1. Heat map analysis of gene expression in AD skin biopsies<sup>a</sup>**

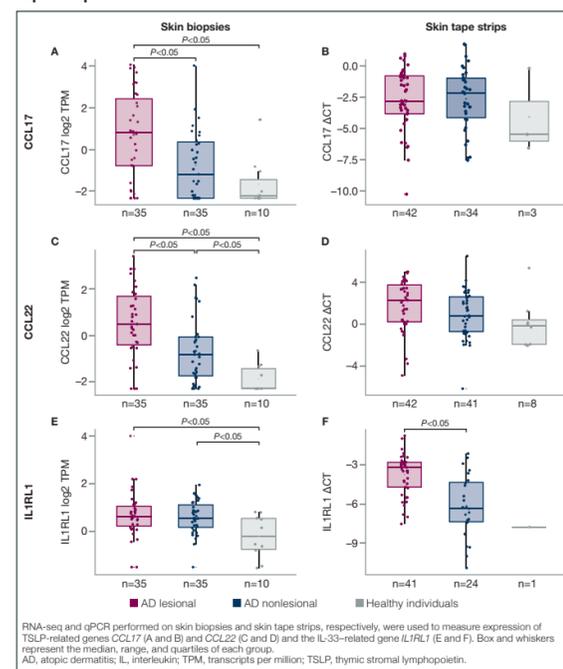


AD, atopic dermatitis; IL, interleukin; TPM, transcripts per million; TSLP, thymic stromal lymphopoietin.  
<sup>a</sup>Included patients who had matched lesional and nonlesional skin biopsy samples available.

### Elevation of TSLP- and IL-33-related genes in skin biopsies and skin tape strips from patients with AD

- In skin biopsies, transcript levels of *CCL17* and *CCL22* were elevated in patients with AD compared with healthy individuals (*P*<0.05) (Figure 2A–D)
  - A similar nonsignificant trend was observed in skin tape strip samples
- In skin biopsies, transcript levels of IL1RL1 (ST2, a subunit of the IL-33 receptor) were elevated in patients with AD compared with healthy individuals (*P*≤0.05)
  - Expression of IL1RL1 transcripts in lesional or nonlesional skin was similar (Figure 2E); however, in skin tape strips, transcripts showed preferential elevation in lesional vs nonlesional skin (*P*<0.05) (Figure 2F)

**Figure 2. TSLP- and IL-33-related genes in skin biopsies and in skin tape strips**

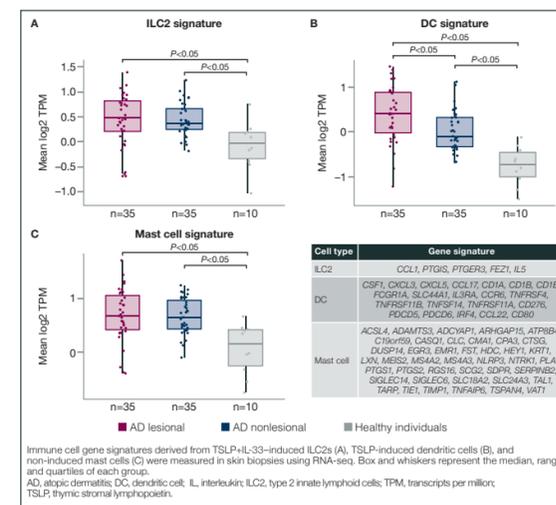


RNA-seq and qPCR performed on skin biopsies and skin tape strips, respectively, were used to measure expression of TSLP-related genes *CCL17* (A and B) and *CCL22* (C and D) and the IL-33-related gene *IL1RL1* (E and F). Box and whiskers represent the median, range, and quartiles of each group.  
 AD, atopic dermatitis; IL, interleukin; TPM, transcripts per million; TSLP, thymic stromal lymphopoietin.

### Alarmin-induced ILC2 and dendritic cell gene signatures and non-induced mast cell gene signatures in skin biopsy samples from patients with AD

- ILC2s, dendritic cells, and mast cells express alarmin receptors.<sup>4-6</sup> Elevated immune cell gene signatures were observed in skin biopsy samples from patients with AD (n=35) compared with healthy individuals (n=10), including signatures derived from:
  - TSLP+IL-33-stimulated ILC2s (*P*<0.05) (Figure 3A);
  - TSLP-stimulated dendritic cells (*P*<0.05) (Figure 3B); and
  - non-induced mast cells (*P*<0.05) (Figure 3C)

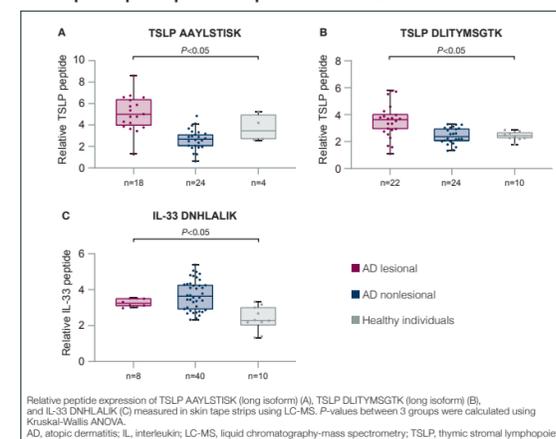
**Figure 3. Gene signature profiles of alarmin-induced ILC2s and dendritic cells and non-induced mast cells**



### Increased TSLP and IL-33 peptide expression measured in skin tape strip samples from patients with AD

- TSLP peptide expression was elevated in patients with AD (specifically DLITYMSGTK in lesional skin) compared with healthy individuals (*P*<0.05; Mann-Whitney *U* test) (Figure 4A–B)
- IL-33 peptide levels were elevated in patients with AD (in lesional and nonlesional skin) compared with healthy individuals (*P*<0.05; Mann-Whitney *U* test) (Figure 4C)

**Figure 4. Increased TSLP and IL-33 peptide expression measured in skin tape strip samples from patients with AD**



Relative peptide expression of TSLP AAYLSTISK (long isoform) (A), TSLP DLITYMSGTK (long isoform) (B), and IL-33 DNHLALIK (C) measured in skin tape strips using LC-MS. *P*-values between 3 groups were calculated using Kruskal-Wallis ANOVA.  
 AD, atopic dermatitis; IL, interleukin; LC-MS, liquid chromatography-mass spectrometry; TSLP, thymic stromal lymphopoietin.

## Conclusions

- Comprehensive assessment of gene expression has identified alarmin-related genes that serve as indicators of the cellular drivers of dysregulated skin and systemic inflammation in AD
  - IL-33-related genes were upregulated to a similar extent in nonlesional skin compared with lesional skin, consistent with systemic perturbations in the T<sub>H</sub>2 axis in AD
  - Some TSLP-related genes had higher expression in lesional skin compared with nonlesional skin, suggesting localized dysregulation in AD lesions
- TSLP and IL-33 protein levels in the epidermis, as measured by LC-MS of skin tape strip extracts, were increased in patients with AD compared with healthy individuals
- Further evidence for upregulated alarmin-signaling pathways in AD is demonstrated by elevated gene signatures of alarmin-responsive cells (mast cells, dendritic cells, and ILC2 cells) in patients with AD compared with healthy individuals, although a limitation of the study is that gene signatures were generated in vitro
- Results support the rationale to therapeutically target alarmins or their respective receptors or signaling pathways to treat patients with AD. Alarmin-associated gene signatures may offer the potential to stratify patients with AD according to their immunopathology and identify patients who may respond to anti-alarmin therapies

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## Disclosures

JMG, SS, MG, THP, YO, MR, FP, and IK are employees of AstraZeneca. JRP and SK are employees of Amgen Inc. CB is an employee of National Jewish Health. DYML and EG are employees of National Jewish Health and were recipients of a grant from AstraZeneca to support a portion of this research. DYML has consulted for Janssen Pharmaceuticals, Regeneron, and Sanofi.

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