PDA Boot Camp

How to Effectively Use the Milestones 2.0

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Tracy Fausnight, MD, FAAAAI
Vivian Hernandez-Trujillo, MD, FAAAAI
Rachel Miller, MD, FAAAAI
James Quinn, MD, FAAAAI
Disclosures

• None

• The opinions expressed in this presentation are solely those of the presenters and do not reflect the official views or policy of Department of Defense, or its Components
Learning Objectives

• Describe some of the features of the Milestones 2.0
• Identify resources to support using Milestones 2.0
• Discuss ways to effectively use the Milestones 2.0
Background

• Milestones are intended:
  • Assess performance levels of 6 ACGME competencies
  • Provide outcomes-based narrative descriptions of performance levels
  • Provide residents a transparent roadmap to competency and for self-reflection
  • Provide framework for formative development and feedback
  • Provide semi-annual framework for Clinical Competency Committees (CCC) to reach summative judgments
Background

- Milestones are not intended:
  - Assess performance on regular short-term rotations
  - Used as the only assessment tool
  - Inclusive of all areas of competence
  - Correspond with the post-graduate year of education
  - Set a predetermined time for a resident to attain a specific level
  - Automatically progressive – residents can regress
Milestones “1.0”

- 2009 – next accreditation system approved and included development of milestones
- July 2013 – First seven specialties introduced
- Aug 2013 – Allergy/Immunology developed specialty specific specific milestones
- July 2014- Allergy/Immunology formally introduced
Milestones 2.0

• Aug 2019 – Allergy/Immunology Work Group
  Amal Assa’ad, MD  Evelyn Lomasney, MD
  Taylor Atchley, MD  Aidan Long, MD
  T Prescott Atkinson, MD PhD  Mike Nelson, MD, PhD
  Beverly Huckman, BA  Princess Ogbogu, MD
  Bruce Lanser, MD  Kelly Stone, MD PhD

• 1 July 2020 - Milestones 2.0 took effect
• 30 Dec 2020 – first required use of Milestones 2.0
### Milestones 2.0

<table>
<thead>
<tr>
<th>ACGME Core Competency</th>
<th>Milestones 1.0</th>
<th>Milestones 2.0</th>
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<tbody>
<tr>
<td>Patient Care &amp; Procedural Skills</td>
<td>4</td>
<td>4</td>
</tr>
<tr>
<td>Medical Knowledge</td>
<td>1</td>
<td>3</td>
</tr>
<tr>
<td>Systems-based Practice</td>
<td>1</td>
<td>4</td>
</tr>
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<td>Practice-based Learning &amp; Improvement</td>
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<td>Interpersonal &amp; Communication Skills</td>
<td>1</td>
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<td>Professionalism</td>
<td>1</td>
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<tr>
<td><strong>Total</strong></td>
<td><strong>10</strong></td>
<td><strong>19</strong></td>
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Unchanged in Milestones 2.0

- Range of Level 1 to Level 5 remains
- Level 4 remains the graduation target … but is not a requirement

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<tr>
<td>Respectfully receives and clarifies a consultation request</td>
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<tr>
<td>Uses language that values and respects all members of the team</td>
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New in Milestones 2.0

- Increased granularity & specialty-specific language
  - Differentiates adult & pediatric patients
  - Differentiates basic science & clinical science
  - Etc

- Positive language
  - Specific outcomes
  - No longer “infrequent”, “inconsistent”, <25% - >90%
New in Milestones 2.0

- Broader considerations (wellness, population health, etc)
- Level 5 outcomes relevant & achievable by resident
- Flexibility = “not assessable” & “not yet completed Level 1”

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Not Yet Completed Level 1
Not Yet Assessable
New in Milestones 2.0

• Supplemental Guide
  • Provided as a .pdf or modifiable word template
  • Added information
    • Overall intent
    • Specific examples
  • Ideas and examples for assessment tools
  • Section to prompt curriculum mapping
  • Ideas and examples for resources
# Medical Knowledge 1: Basic Science of Allergy and Immunology

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| **Level 5** Serves as a content expert, invited lecturer or subject matter expert | • Is invited to present basic science research at a regional or national meeting |

**Assessment Models or Tools**
- Board review participation
- In-training exam
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Specialties

ALLERGY AND IMMUNOLOGY

NEUROLOGY
Allergy and Immunology

The documents and resources within this section are provided by the Review Committee for Allergy and Immunology and its staff at the ACGME to assist ACGME-accredited programs and those applying for accreditation. Specially and subspecialty information is found in each of the links listed below, as applicable.

OTHER ACCREDITATION RESOURCES

- Single CME Accreditation System
- Review and Comment
- Common Program Requirements
- Self-Study and Site Visit
- Osteopathic Recognition

- Resources, Conferences and FAQs and Applications
- Milestones

Contact Us:

- Executive Director, RCF for Allergy and Immunology, Neurology, Psychiatry
  Louise Castle, MS
  lcastler@acgme.org
  312.725.5488

- Associate Executive Director, RCF for Allergy and Immunology, Neurology, Psychiatry
  Tiffany Hewett
  thewett@acgme.org
  312.725.7471

- Accreditation Assistant, RCF for Allergy and Immunology, Neurology, Psychiatry
  Larissa Calelio
  lcalelio@acgme.org
  312.725.7408

Data Systems Technical Support:
  ads@acgme.org
  312.725.7474
Allergy and Immunology

Milestones
- Allergy and Immunology – Effective July 1, 2020

Milestones Supplemental Guides
- Allergy and Immunology Supplemental Guide
- Allergy and Immunology Supplemental Guide Template

Milestones Resources
- Milestones: FAQs, Clinical Competency Committee Guidebook, and Resources

Milestones Webcasts
Information Requested is Not Found
Tips for Effective Use

• Faculty & CCC
  • Share and discuss Milestones 2.0
    • Annually/beginning of academic year (minimum required)
  • Share Supplemental Guide
  • Operationalize in regular faculty precepting, rounds, etc
    • Learn and use the language from milestones
    • Structure feedback to match element(s) of the milestones
Tips for Effective Use

• Residents
  • Share and discuss Milestones 2.0
    • Annually/beginning of academic year (minimum required)
    • Preferably with Supplemental Guide
  • Use the milestones for self-reflection
  • Consider self-development of milestone based individualized learning plan
  • Ad-lib request for assessment
Questions?