

Personal Hygiene for Compounding

Individuals entering a compounding area must be properly garbed and must maintain proper personal hygiene to minimize the risk of contamination to the environment.

Hand Hygiene

- 1 — **Remove** visible debris from underneath fingernails under warm running water using a disposable nail cleaner. Do not use a fingernail brush.
- 2 — **Wash** hands and forearms up to the elbows with soap and water for at least 30 seconds.
- 3 — **Dry** hands and forearms to the elbows completely with low-lint disposable towels or wipes.
- 4 — **Apply** an alcohol-based hand rub to dry skin. Rub hands together, covering all surfaces of hands and fingers, until hands are dry. Do not towel dry.

Garbing Requirements



Additional details can be found in USP Chapter 797 Section 21.